



# MEGA 2026

Middle East Global  
Aesthetics

2 May 2026

📍 Mövenpick Grand Al Bustan

In Association With



☎ +971 54 743 0844

✉ [Info@megaconference.ae](mailto:Info@megaconference.ae)

# SCIENTIFIC PROGRAMME

08:30 AM

REGISTRATION & WELCOME COFFEE

08:45 AM – 11:00 AM

## AESTHETICS: THE ERA OF ANTI-AGING

### MODERATORS



DR. SACHI SIVANANTHAN



DR. VICTOR MOURRE

### SCIENTIFIC SESSIONS

BIOMOLECULAR AGENTS TO TARGET THE AGEING CELL



DR. SACHI SIVANANTHAN

EXOSOMES AND THEIR THERAPEUTIC TARGETS



DR. SARA MOHAMED

EVIDENCE-BASED MEDICINE IN AESTHETICS



DR. ERNESTO MIGUEL  
DELGADO CIDRANES

OZEMPIC FACE: CLINICAL RECOGNITION, PREVENTION &  
PATIENT ASSESSMENT



DR. DEEPA GANESH

OZEMPIC FACE: AESTHETIC CORRECTION &  
COMBINATION TREATMENT APPROACHES



DR. FOZ RASRAS

MANAGING DIFFICULT CASES USING ENERGY-BASED  
DEVICES



DR. VICTOR MOURRE

10:30 AM – 11:00 AM

COFFEE BREAK

11:00 AM – 01:00 PM

# MEDICO-LEGAL ASPECTS IN MEDICAL, SURGICAL & INTIMATE AESTHETICS

## MODERATORS



MS. HUDA SAIF



DR. SACHI SIVANANTHAN

## SESSIONS

AVOIDING LITIGATION IN AESTHETIC GYNECOLOGY



MS. HUDA SAIF

THE POWER OF SAYING 'NO': ETHICAL PATIENT SELECTION



DR. SACHI SIVANANTHAN

LICENSING, POLICIES & PATIENT SAFETY: LEGAL STRATEGIES FOR PRACTITIONERS



MS. HUDA SAIF

CASE-BASED DISCUSSIONS: A GLOBAL PERSPECTIVE



MS. HUDA SAIF



DR. SACHI SIVANANTHAN



DR. ABBAS KHADRA

01:00 PM

LUNCH BREAK

02:30 PM – 06:00 PM

# THE MALE ERA IN MEDICAL AESTHETICS

## MODERATORS



DR. FREDERICK MENDIOLA



DR. VICTOR MOURRE

## SESSIONS

MALE AESTHETICS: REJUVENATION & REGENERATION IN MALE INTIMATE AESTHETICS



DR. FREDERICK MENDIOLA

FILLERS FOR PENILE AUGMENTATION: SAFETY, SCIENCE & OUTCOMES



DR. ABBAS KHADRA

TESTOSTERONE THERAPY IN MALE AESTHETIC PRACTICE



DR. VICTOR MOURRE

ROLE OF CORD-DERIVED STEM CELLS IN ERECTILE DYSFUNCTION



DR. ABBAS KHADRA

RADIOFREQUENCY IN MALE INTIMATE AESTHETICS – THE DEBATE



DR. SACHI SIVANANTHAN

BIOMEDICAL MARKERS & TARGETED THERAPIES FOR MALE HAIR LOSS



DR. SARA MOHAMED

FULL HEAD OF HAIR OR A WIG? LET'S BEAT BALDNESS



DR. FOZ RASRAS

## AESTHETIC SAFETY & TECHNOLOGY INTEGRATION

COSMETIC GYNECOLOGY: LASER SCIENCE, ENERGY-BASED DEVICES & CLINICAL SAFETY



MS. HELIA NASERI  
LASER SPECIALIST

RADIOFREQUENCY IN FEMALE INTIMATE AESTHETICS



DR. ZURAMIS ESTRADA  
BLANCO